

THE WHIDBEY INSTITUTE

Welcome to the Whidbey Institute
A home for transformational learning since 1972

Please read through this important information to prepare for your visit.

What to Bring

- A **flashlight**—it's dark here at night.
- Comfortable **shoes suitable for trail walking**.
- A pair of **slippers** or cozy socks.
- Personal **toiletries**.
- An **alarm clock**.
- A reusable **water bottle** and **travel mug**.
- Layered, **comfortable clothing**. Nights can be cool all year long.
- Check the **weather forecast** at www.wunderground.com/weather/us/wa/clinton/98236.

If You are Camping

- Please bring a **tent** and **bedding**. Bathrooms are stocked with soap and towels.

What's Provided

- Sheets, blankets, and towels** are provided.
- Forgot your flashlight?** We have some available for checkout at the registration table.
- Wifi** is available throughout the campus.

What NOT to Bring

- Dogs**, except in compliance with ADA service animal policy. Although we love dogs, companion animals are prohibited in our trail system, buildings, parking lots, and grounds for reasons of wildlife and guest wellbeing. Dogs are not permitted in parked vehicles on our campus.
- Perfumes** or strongly scented toiletries.
- Incense and candles**. These are not to be burned in any of the rooms or cabins. We also request that no incense be burned in the Sanctuary. Candles may be burned *during group gatherings only*, with the *permission of your program facilitator*. Please, never leave candles unattended.
- Valuables**. We do not lock the exterior doors of our lodging facilities for reasons including guest convenience in shared spaces, but this means that there are few places to lock valuables away. Please plan to leave your valuables home, or keep them close by while you are with us.
- RVs**. Only tents are permitted in Madrone Meadow. Vehicle camping is prohibited.

Notes on Safety

- During warm weather, you may see **a few mosquitos**.
- In spring and summer, **stinging nettles** (at right) grow prolifically on Whidbey. Brushing against this plant's tiny hairs causes a temporary but irritating rash. Look for notched leaves on three to seven foot stems growing straight out of the ground. (In better news, nettle is highly nutritious and safe when cooked. You may find it as a meal ingredient in a delicious pesto while you're here!)
- In the winter, Whidbey Island is prone to **short power outages** from strong gusts of wind. This can add to the experience of getting away. Please know that the outages are generally short (under four hours).
- We share our campus with **beautiful wild animals!** None of them present a threat to humans. You may hear the screech of a baby owl, the call of a coyote at night, or the sound of a family of deer moving through the brush.
- Please drive the **posted speed limit** on Old Pietila Road (10 mph and below) for the safety of pedestrians, wildlife, and Waldorf School students who frequently travel the road on foot.
- While we have a long history as a very safe and trusting place, there have been two thefts reported on campus, as well as an average number of burglaries elsewhere in our rural community, in the last 10 years. Please **leave valuables at home** or keep them on your person.



905 *Urtica dioica* L.
Common Nettle; G.

Our Location

The Whidbey Institute is at **6449 Old Pietila Road, Clinton, WA 98236** on the south end of Whidbey Island. We are about 75 minutes north of Seattle, including a 15-minute ferry ride from Mukilteo to Clinton. Travel time depends on traffic. Summer afternoons and evenings are heavy ferry traffic times.

Flying Here

- The closest airport is **Paine Field in Everett**, with new commercial service just 4 miles from the ferry. The largest regional airport is **Seattle-Tacoma International (SeaTac) Airport**.
- Make **Airporter Shuttle** reservations in advance for transport from either airport at www.seatacshuttle.com. Choose the **Langley/Clinton drop-off** (about 1.5 miles from the Whidbey Institute).
- Arrange for transportation from this drop-off point through your program leader, or by calling **All Island Express Taxi** at 360.341.8294. Drivers are familiar with the Whidbey Institute.

Driving Here

- Please **carpool** whenever possible; this will reduce your per-person ferry costs, as well as provide all of the other benefits of shared transportation.
- The **ferry** departs from Mukilteo to Clinton every half hour most days.
- Access **information** such as ferry cams, schedules, and fares at www.whidbeyinstitute.org/visit.

Driving Directions

FROM SEATTLE/POINTS SOUTH travel I-5 North and exit on WA SR 525/Mukilteo Clinton.

- Travel 9.3 miles to the Mukilteo/Clinton ferry terminal, then refer to “FROM CLINTON” below.

FROM BELLEVUE/EAST SIDE take I-405 North, crossing I-5 and heading West on SR 525.

- Travel nine miles to the Mukilteo/Clinton ferry terminal, then refer to “FROM CLINTON” below.

FROM BELLINGHAM/POINTS NORTH there are two route options. The first requires ferry travel and the second crosses the Deception Pass Bridge. Both take about two hours from Bellingham.

By Ferry:

- Travel I-5 South and take exit 189 for the Mukilteo/Clinton ferry.
- Drive past the Boeing plant, straight through the first traffic signal, and turn RIGHT at the second traffic signal at Mukilteo Speedway.
- Stay in the right hand lane following signs to Mukilteo/Clinton ferry.
- There is one more right turn at the light at the bottom of the hill (gas station on right).
- Follow this route 2 more miles to the ferry terminal.
- See directions below for “Once you arrive in Clinton”.

By Bridge:

- Travel I-5 South, and take exit 230 toward Anacortes.
- Follow WA-20 for approx. 24 miles.
- Turn left before heading into Anacortes to stay on WA-20.
- WA-20 takes a right turn in south Oak Harbor. WA-20 then becomes WA SR 525.
- Keep following this main road down the island for nearly an hour.
- Turn RIGHT at the stoplight at Cultus Bay Road.
- Follow the directions below, beginning with “Campbell Road”. (If you miss Cultus Bay Road and arrive at the ferry terminal at the southernmost tip of Whidbey, you’ve gone only 2 miles too far. Follow the directions below for “Once you arrive in Clinton”.)

FROM CLINTON

- Follow SR 525 North for about two miles until you reach the stoplight at Cultus Bay Road.
- Turn LEFT onto Cultus Bay and travel about .7 mile to Campbell Road.
- Turn RIGHT onto Campbell Road and travel about .5 mile.
- Turn LEFT onto Old Pietila Road, a gravel road with signs for Whidbey Institute and Chinook.
- Follow the parking directions provided above, or continue all the way to the upper lot and Thomas Berry Hall if you wish to park temporarily while getting oriented to the space.

Finding Your Lodging Space

See the map at the end of this packet for a visual reference.

FARMHOUSE

- The **Farmhouse** is in the Heartland area, near Thomas Berry Hall.
- To find the Farmhouse, **follow Old Pietila Road for about half a mile**, all the way to the upper parking lot next to the main building.
- This is where you'll temporarily park and **unload your vehicle** into one of the provided carts, located near the welcome Kiosk.
- The Farmhouse is a short walk further along the gravel road: a **dark brown house with red trim**, visible from the Kiosk area. **Use a cart** to take your luggage down the hill.
- Farmhouse **bedrooms are upstairs**, with names on the doors.
- Please **return the cart** for the next guest as soon as you are done using it.
- After unloading your luggage, please **move your vehicle** to the lower parking lot.

GRANNY'S

- Granny's** is in the Kylennon Hill area, before you reach Thomas Berry Hall.
- To find Granny's, **follow Old Pietila Road for about a quarter mile**, watching for a sign on your right. Turn right. You'll soon see Granny's, a **cedar-shingled house**, on your left.
- You'll find a few **parking spots on the left just past the house**. Then, unload and bring your things to your room. You are welcome to leave your car here or in the Outer Parking Lot.
- Eagle and Raven rooms are upstairs**; all **other rooms are on the ground floor**. Room names are on the doors.
- The **eight-minute walk** from Granny's to Thomas Berry Hall is a little less than one third of a mile. Though you can take the road, we recommend the **wooded trail**. (See map for trail reference.)

CABIN VILLAGE

- The **Meadow Row, Hillside, and Legacy Cabins** are in the Heartland area, near Meadow Row and the Sanctuary.
- To find the Cabins, first **follow Old Pietila Road for about half a mile**, all the way to the upper parking lot next to the main building.
- This is where you'll temporarily park and **unload your vehicle** into one of the provided carts, located near the welcome Kiosk.
- The Cabins are past the Farmhouse. **Cabin locations** are marked on the provided map.
- Use a cart** to take your luggage to your cabin, then **return the cart** for the next guest to use.
- After unloading your luggage, please **move your vehicle** to the lower parking lot.
- There are **bathrooms** with showers and toilets near the Sanctuary.

Parking

- We have three parking lots: the entrance lot, the lower lot, and the upper lot.
 - **The entrance lot** is on the right just as you enter Old Pietila Road from Campbell Road.
 - **The lower lot** is located at the bottom of the hill before you reach Thomas Berry Hall.
 - **The upper lot** is closest to Thomas Berry Hall and is reserved for loading/unloading, handicapped parking, and staff parking.
- Due to emergency access requirements, **parking on the side of the road is against the law** and you may be towed. Please park only in parking lots.
- Only **delivery vehicles** and vehicles carrying mobility-limited guests may drive past the upper lot.
- For **wheelchair access** to Thomas Berry Hall, please drive past the upper lot and follow the gravel road around to the left, circling to the back of Thomas Berry Hall and parking in the courtyard near the glass doors. Connect with staff for guidance on parking for the duration of the event.
- If you have **luggage or camping supplies** to take to the Madrone Meadow camping area, please park temporarily in the upper lot and use the carts provided to haul your gear in.

FAQs

Who do I reach at the Institute after office hours? The office is generally staffed Monday through Friday from 10 am to 4 pm. Our resident caretaker Thomas lives onsite in the caretaker cabin, and can be reached on his cell phone at 360.201.9671.

Will I be able to use my cell phone? Depending on your service provider, you may have trouble making a call indoors. The terrain of Whidbey Island and the location of cell towers can make it difficult to sustain a cellular connection. AT&T and Verizon tend to have the strongest service on Whidbey. This could be a great time to turn off your cell phone and enjoy a quiet, uninterrupted visit!

What should I do if I have a medical emergency? First aid kits are located in every kitchen and in the coffee bar area of Thomas Berry Hall. To request emergency medical response, dial 911 from one of the provided landlines and explain that you are at the Whidbey Institute, 6449 Old Pietila Road, in Clinton. You'll find emergency information cards near each phone.

Does my room lock? Most rooms include an interior lock for privacy. Please do not lock the exterior doors of the residences, as you may inadvertently lock out one of your housemates. We recommend keeping valuables on your person or leaving them at home.

Can I make a call? There are land lines in the Farmhouse and Granny's with free local service. If the need arises, visit the Whidbey Institute office to make a long distance call.

FAQs Continued

Can I send or receive email? Wireless Internet access is available in several locations. Passwords:

- In Thomas Berry Hall: TBERRYHALL
- In the Farmhouse: FARMHOUSE
- In Granny's: GRANNYS
- In Storyhouse: STORYHOUSE
- In Heartland: HEARTLAND
- In Hillside Cabins: HILLSIDE
- In Meadow Row: MEADOWROW

Is there truly only one shower for ten people in the Farmhouse? Yes . . . but fear not! First, there is a bathtub in the other bathroom—this could be a lovely time for a soak. Second, this is an excellent community-building exercise for coordinating shower time . . . AND . . . there are two additional shower rooms in the bathroom building near the Sanctuary that you are also welcome to use.

Is smoking allowed? Smoking of any kind is allowed only in the Fire Circle area. Please be mindful of other visitors and dispose of the waste in the provided receptacle.

Can I listen to music in my room? We love music, however many visit the Whidbey Institute for peace, quiet, and nature connection. Please use headphones at all times—indoors or outdoors.

Are children welcome? We welcome children to the land but we ask that they be supervised by a designated adult at all times out of respect for their own safety and the experience of other guests.

Can I pick the garden flowers or produce? Please check with garden staff before picking anything.

Can I recycle my bottle/can/newspaper? We recycle as much as we can, and we need your help to do it well. Please make use of the designated recycling container near the dishwashing room in Thomas Berry Hall after meals. Recycling bins can also be found in the kitchens of Granny's and the Farmhouse. Note that our "compost" actually goes into a vermiculture system, so we have special guidelines about what the worms do and don't like to eat! You'll see these guidelines posted near the food scrap bins.

When You Depart

- Before leaving your room, please **check for personal belongings**. We have a lost-and-found bin full of lonesome items!
- We invite you to pay-it-forward by **preparing your bed** for the next visitor: strip your sheets and pillowcases and remake the bed with the clean sheets provided.
- Thank you for your part in caring for our shared space.**
- Keep in touch!** You can join our mailing list at www.whidbeyinstitute.org and follow us on Facebook.

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W IDBEY INSTITUT; Trail Map

LEGEND:

- Road
- Trail
- Building
- Parking area
- 2018 Addition

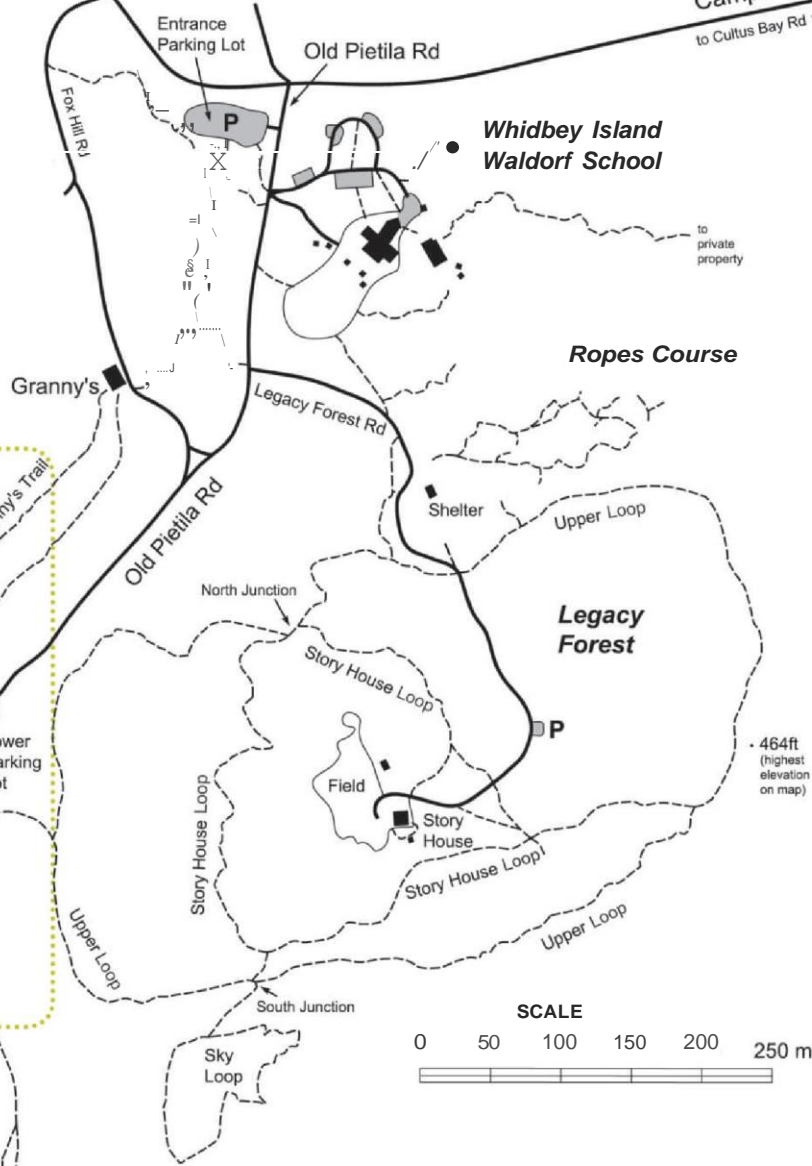
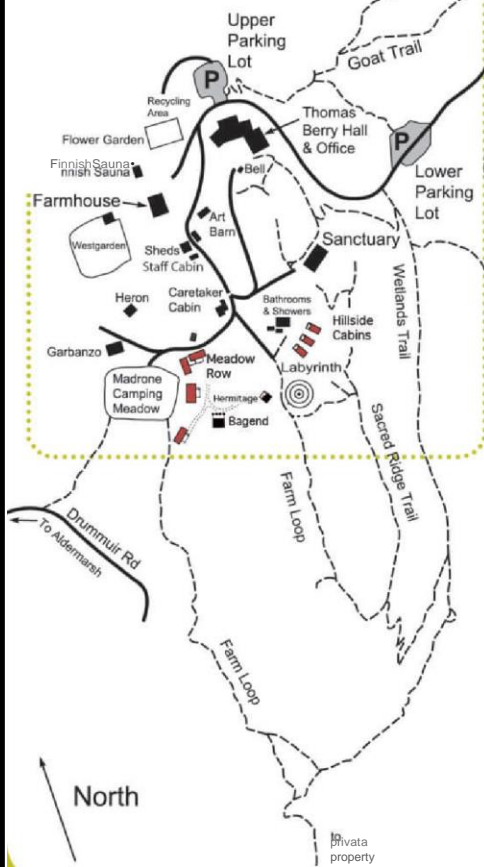
See expanded Heartland map on reverse

The Whidbey Institute is a 501(c)(3) educational non-profit and a home for transformational learning since 1972. Our 108 acre

trail network is open to the public from dusk to dawn daily

We ask that you kindly leave dogs and horses at home.

Heartland



Visit: 6449 Old Pietila Road, Clinton
Mail: PO Box 57, Clinton, WA 98236
Web: www.whidbeyinstitute.org
Email: info@whidbeyinstitute.org
Phone: 360-341-1884

map created in 2010
 by Bill & Heidi Cusworth
 with soft ware from
 Cascade Orienteering Club
 Updated March 2018

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Heartland Map

LEGEND

- Road
- Trail
- Building
- ▭ Parking area
- 2018 Addition

